



SLES Spring Enrichment Course Descriptions 2023

Singing Tigers

1st-3rd

Monday 3:30 PM-4:15 PM

Kristen Graham

\$110

The Sound of St. Luke's is an opportunity for older students to develop their singing voices in a group setting. We will work on vocal technique, as well as group singing skills such as harmonizing and singing in parts. Students will participate in Chapel worship in the mornings, in addition to other performance opportunities such as a spring concert and other community events.

Sounds of St Luke's Choir

4th-8th

Wednesday 3:30 PM-4:15 PM

Kristen Graham

\$110

The Singing Tigers is an opportunity for younger students to begin developing their singing voices in a group setting. We will work on healthy vocal technique and singing in tune as a group. Students will participate in Chapel worship in the mornings, in addition to other performance opportunities such as a spring concert and community events.

Art Explorers

1st-4th

Monday 3:15 PM - 4:15 PM

Amanda Bennett

\$420

Build and design your own superhero/doll house. From assembling and painting the outside of your house to making furniture and adding wallpaper, you are the architect and interior designer.

Bricks, Bots, & Beakers.

PK3&4

Tuesday 12:30 pm - 1:00 PM

Tuesday 1:15 PM - 1:45 PM

Melissa Forey

\$350

Bricks Bots & Beakers is an innovative and technology-based enrichment class for young learners. Rotating curriculum uses child-friendly software, several different programmable robots, and Lego Education, along with play, songs, and games to keep students engaged while exploring science and technology. Children learn basic programming, the engineering process as well as logic, problem-solving, predictions/conclusions, and deductive reasoning, in a fun, supportive environment that encourages creativity and curiosity!

Readers Theater: TAKE TWO

2nd-4th

Monday 3:30 PM - 4:30 PM

Sherrye Macha

\$420

Build reading fluency while "performing" some of your favorites. Reader's Theater will build students' reading skills while having fun on stage. Students' active involvement boosts their confidence in public speaking and reading aloud. Beginning with an initial read-through, students will re-read scripts understanding new vocabulary and the author's purpose. Next steps will include reading with expression and possible improvisations. Once students are familiar with the script and have enjoyed playing several characters, we'll add small props and simple costumes.

Chess

5th-8th

Wednesday 3:30 PM - 4:00 PM

Abraham Callahan

\$370

Chess Club is a club where people of all experience and skill levels come to play. After a short lesson, members play against each other, sometimes matched against each other based on skill, but most times you play whom you want to play. All boards and pieces are provided.

Tigers Take the Stage

1st-4th

Thursday 3:30 PM - 4:30 PM

Brittney Thorne

\$340

Get ready to take the stage with your fellow Tigers and have fun playing theatre games, acting out scenes, and doing basic improvisations. In this class, students will develop skills used in theatre: voice, movement, improvisation, storytelling, character analysis, and working as a team. At the end of the semester, there will be a small performance.

*No class on January 19th.

AV Club

4th-8th

Wednesday 3:30 PM - 4:30 PM

Matt Robinson

\$370

The AV club allows an opportunity for students to participate in the expanded use of technology in the form of video production and reporting. Students will be writing scripts and learning how to present the "news". The goal of the AV Club is to shoot, edit, and report the great things happening at St. Luke's in a fun and engaging way. Students can be in front or behind the camera, working together to create the videos. Students will also learn how to properly operate the sound equipment and may be available to help with live events.

STEM Animation and Stop Motion, 4th-8th

Monday 3:30 PM - 4:30 PM

Monica Crosson

\$370

Students will investigate topics using their critical thinking skills and design stop-motion videos to show their understanding of their topic of research. Students will work together as a group to research and design their videos. Students will have creative freedom for their stop-motion and our goal is to develop editing skills with confidence.

Super Kai Karate

1st-8th Tuesday 3:15 PM-4:15 PM

1st-8th Thursday 3:15 PM-4:15 PM

Jason Wright

\$420

Super Kai Karate Enrichment class is a fun and safe Kids program developed by Grand Master Jason Wright. Your child will practice the art of Karate while learning Leadership and Discipline, improve confidence, balance, and coordination, and how to overcome challenges.

All students and parents are welcome to join me GM Jason at my school for the Kids and Family class for the full Super Kai Karate Experience.

Super Kai Dojo is located inside Super Heroes Gym and Nutrition

Mandarin Chinese

K-2nd - Monday 3:30 PM - 4:30 PM

3rd-8th - Tuesday 3:30 PM - 4:30 PM

Yaping Zhang

\$300

Throughout this course, we are going to learn greetings, numbers, fruits, ages, family members, colors, sports, time of the day, as well as many other important terms. We will also learn about making Chinese characters.

Soccer Shots

K-2nd - Tuesday 3:30 PM - 4:10 PM

PK3&4 - Wednesday 12:30 PM - 1:10 PM

\$320

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as respect, teamwork, and appreciation.

Tiny Tumblers

PK3&4 Thursday 12:30 PM - 1:10 PM

Coach Manuel Perez

\$480

Tiny Tumblers have fun learning the fundamentals of gymnastics and tumbling. The benefits of gymnastics include increased physical strength, flexibility and coordination.

Gymnastic Plus

K-2nd Thursday 3:30 PM-4:30 PM

2nd-5th Thursday 4:40 PM-5:30 PM

Coach Manuel Perez

\$480

This Tiger Gymnastics Class is great for both students new to gymnastics, as well as students with tumbling experience. Students will work on a single bar and balance beam. We will also use the springboard for spatial awareness and beginning flips.

Early Spanish

PK3-K

Thursday 3:30 PM - 4:00 PM

Lizzie Perez-Wences

\$385

This beginner Spanish class will teach students everyday conversation and vocabulary through games, music, literature, and fun projects. This course will also reinforce previous Spanish knowledge and will increase it, gaining more confidence and fluency.

Olympian Fencing Club

K-5th

Tuesday 3:30 PM - 4:30 PM

Coach Velizar

\$370

The Olympic sport of fencing is a challenging mix of physical and tactical training that is equally suited to boys and girls. Coach Velizar puts great emphasis on safety first. His teaching philosophy is based on working one-on-one with students to develop individual skills in a group-learning environment.

Beginner Sewing

2nd-8th

Monday 3:30 PM - 4:45 PM

Ida de la Rosa Ellis

\$420

Sewing basics include hand and machine sewing, tie-dye, patterns, fabric, weaving, and embroidery.

Intermediate Sewing

2nd-8th

Thursday 3:30 PM - 4:45 PM

Ida de la Rosa Ellis

\$420

Taking what we have learned in basic sewing and learning how to make a simple garment piece, embroidery, and weaving.

Quilting

2nd -8th

Tuesday 3:30 PM - 4:45 PM

Ida de la Rosa Ellis

\$420

We are learning to make various types of quilt squares so that we can complete a lap quilt at the end of the course.

Creative Crafts

5th-8th Wednesday 3:30 PM-4:30 PM

K-2nd Thursday 3:30 PM - 4:30 PM

Monica Crosson

\$390

Crafts are a great way for kiddos to reset and rebalance after a busy school day. Students will spend some quality time with their creative imaginations with this enrichment. Crafts will be fun and interactive.

Basketball**PK3&4****Monday 12:30 PM - 1:10 PM**

Skyhawks Sports

\$270

HoopsterTots Basketball class is a fun class that focuses on dribbling, shot technique, passing, and teamwork. Adjustable hoops and appropriately-sized basketballs are used to provide just the right amount of challenge.

Skyhawks Multisports**K-4th****Thursday 3:30 PM - 4:30 PM**

Skyhawks Sports

\$270

Our award-winning sports curriculum, which emphasizes teaching life skills through sports gives your child first-rate sports instruction that you will develop the whole child.

Basketball**K-2nd****Monday 3:30 PM - 4:30 PM**

Skyhawks Sports

\$270

Using our progression curriculum and focusing on the whole player, we teach your child the skills they need on and off the court to be better athletes. Our sport-specific staff will focus on respect, teamwork, and responsibility as they start each day with a "skill of the day" and progress into drills and games, making an unforgettable enrichment experience for your young athlete.

Cheer**1st-4th****Wednesday 3:30 PM - 4:30 PM**

Skyhawks Sports

\$270

Skyhawks cheerleading teaches young athletes all the essential skills to lead the crowd and support the home team. Skyhawks' cheer Enrichment will ensure that each student will learn cheers, proper hand and body movements, and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as team building and leadership.

Golf**K-4th****Thursday 3:30 PM - 4:30 PM**

Skyhawks Sports

\$270

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, game-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching, and full swing, are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

VolleyKats**PK3&4****Tuesday 12:30-1:10**

Skyhawks Sports

\$270

A great way to learn one of the signature sports at SLES! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set, and spike, as well as develop agility, reaction, speed, and teamwork. Age-appropriate games, equipment, and curriculum to help kids learn and have fun!

Music Masters, PK3 (Intro 1) Tuesday 12:30 PM - 1:30 PM

Music Masters, PK4 (Intro 2) Tuesday 2:00 PM - 3:00 PM

Music Masters, K-1st (Intro 3) Tuesday 3:30 PM - 4:30 PM

Sabra Grainger

\$400

INTRO 1

This is our pre-piano curriculum, and the class is specifically designed for 3-year-olds. In this class, children love to sing, play percussion instruments, and perform creative movements to music. Children start feeling and understanding the language of music by making music together and playing games that develop rhythmic and listening abilities.

INTRO 2

This is the beginning of our formal piano program. In a very sequential way, children understand the basics of reading notes and playing the piano/keyboard using stories and games. We also play percussion instruments and perform creative movements. Children don't just play their songs on the piano. They understand, can read, and create their own songs. Just as important, children learn how to match pitch and sing correctly. Through games and activities, children continue developing their rhythmic and listening skills.

INTRO 3

We advance our understanding of note reading and piano/keyboard playing. Children can read notes and play the piano alone, and they understand how music works! We continue with our vocal training, making beautiful bands and performing creative movements to classical music.



ALAMO CITY Arts Academy

• Creative Movement (Pre-Ballet)	PK3 & PK4	Mon 12:30-1:10	Wed 12:30-1:10
• Ballet 1	K-4th	Mon 3:30-4:30	
• Ballet 2	3rd-8th	Wed 3:30-4:30	
• Jazz/Hip Hop	3rd-8th	Tues 3:30-4:30	
• Folklorico	K-8th	Thur 3:30-4:30	

Creative Movement (Pre-Ballet) with Ms. Lizzy

Suggested for ages 3-4 and inexperienced movers, Creative Movement's (Pre-ballet) primary objective is to establish a lexicon of essential dance movements while fostering a loving discipline for the craft. Creative Movement will prepare the student for success in Western Concert Dance forms, such as ballet or modern, and elements of diasporic dance styles, such as jazz and hip-hop. Exercises at this level are geared towards enhancing body awareness, muscular engagement, skeletal alignment, and the overall anatomical safety of the dancer for years to come. Classes include warm-ups, stretches, technique, across-the-floor progressions, and choreography combinations.

Creative Movement uniform*

Ladies: Blackcap-sleeved leotard with attached skirt, wrapped skirt, or pull-on skirt. Pink footed or transition tights and pink ballet shoes. A full-sole ballet shoe is recommended. Hair is worn up out of the face.

Gentlemen: White or black fitted T-Shirt. Black bike shorts, tights, or leggings. Black ballet shoes. (If worn without footed tights, black ankle-length socks help maintain the integrity of ballet shoes longer.) Hair is worn out of the face and eyes.

*We understand that hair and uniform may not be perfect for this age group. Participation is the most essential part of this level, so if they can move comfortably and clothing and hair are not a distraction, then whatever they wear is fine.

Ballet 1

Suggested for ages 5+, Ballet 1 is designed to introduce students to ballet. At this stage in training, the objective of classes is to introduce the lexicon and theory of ballet. Ballet 1 will focus on giving dancers a solid ballet technique with emphasis on understanding correct body placement, proper use of turnout, coordination of the upper body (epaulement), and use of arms (port de bras) as well as conditioning and stretching. Classes include warm-ups, stretches, technique, across-the-floor progressions, and choreography combinations.

Ballet 2

Suggested for ages 8+, Ballet 2 is designed to further the student's knowledge of ballet. At this stage in training, the objective of classes is to further expand and implement lexicon and theory of ballet. Ballet 2 will focus on advancing dancers in their ballet technique while continuing to emphasize correct body placement, proper use of turnout, coordination of the upper body (epaulement), and use of arms (port de bras) as well as conditioning and stretching. Classes include barre warm-up, stretches, technique, across-the-floor progressions, and choreography combinations.

Ballet Uniform

Ladies: Blackcap-sleeved leotard with attached skirt, wrapped skirt, or pull-on skirt. Pink footed or transition tights and pink ballet shoes. A full-sole ballet shoe is recommended. Hair is worn up out of the face.

Gentlemen: White or black fitted T-Shirt. Black bike shorts, tights, or leggings. Black ballet shoes. (If worn without footed tights, black ankle-length socks help maintain the integrity of ballet shoes longer.) Hair is worn out of the face and eyes.

ALAMO CITY *Arts Academy*

Jazz/Hip-Hop

Suggested for ages 7+, Jazz combines techniques of classical ballet and modern dance with current forms of popular dance. Jazz's main objective is to establish a lexicon of essential dance movements while fostering a loving discipline for the craft. Exercises at this level are geared towards enhancing body awareness, muscular engagement, skeletal alignment, and the overall anatomical safety of the dancer for years to come. Classes include warm-up, isolations, stretches, technique, across-the-floor progressions, and choreography combinations.

Jazz Uniform

Ladies: Black cap-sleeved leotard, jazz pants, dance shorts, or leggings. Pink or tan footed or transition tights and tan jazz shoes. Hair is worn up out of the face.

Gentlemen: White or black fitted T-Shirt. Black bike shorts, tights, or leggings. Black ballet shoes. (If worn without footed tights, black ankle-length socks help maintain the integrity of ballet shoes longer.) Hair is worn out of the face and eyes.

Recommended Dance Shop

Dorothy's Dance Shop
1532 Austin Hwy
San Antonio, TX 78218

Folklórico

Suggested for **Kinder-4th**, Elementary Folklórico is an introductory class for students new to Folklórico. Dancers are taught the vocabulary and history of the dances as well the basics of body awareness, alignment, and posture. Students are taught the fundamentals of stretching and dance techniques along with basic Folklórico footwork and skirt work that serves as a foundation for advancement into other levels.

Folklórico Uniform

Black leotard or fitted shirt. Practice a skirt (Doble vuelo) in the color of the dancer's choice. Black bike shorts, pink tights, leggings, or jazz pants (to be worn under the practice skirt, if not in a leotard). Black, heeled Folklórico shoes for females, Black heeled Folklórico boots (botins) for males. (If worn without footed tights, ankle-length socks help maintain the integrity of shoes longer.) Hair worn out of the face and eyes.

Recommended Dance Shop

Dorothy's Dance Shop
1532 Austin Hwy
San Antonio, TX 78218

SOUTHERN INSTITUTE FOR YOUNG MUSICIANS

Orchestra

1-8th

Monday 3:30 PM - 4:30 PM

Southern Institute for Young Musicians

\$570

Students learn technique, musicianship, and artistic expression on the violin, cello, and bass through weekly rehearsal. There will be guest workshops and an end-of-the-year concert.

Group Guitar

1-8th

Monday 4:35 PM - 5:35 PM

Southern Institute for Young Musicians

\$570

Students will build their skills and understanding as guitarists through group instruction, differentiated by experience and ability. There will be a spring concert and guest guitarist workshop.

We believe that music education provides students an opportunity to learn about themselves, the community, and the world. Through structured high-quality study, students become disciplined, intrinsically motivated, culturally sensitive, and compassionate lifelong learners.

We are offering Beginning Strings classes in addition to private instruction for violin, viola, cello, bass, and guitar. Classes are taught by experienced professionals, able to fast-track beginners and develop intermediate to advanced students along their musical journey.

Our classes are taught with Sound Innovations for String Orchestra, Bornoff Finger Patterns, String Riffs Progressive Pieces, and Smart Music software. We organize concerts and guest artist masterclasses to showcase student progress while developing performance experiences.

We have extensive performing experience, music degrees, and time as licensed Orchestra Directors teaching at all levels. Beyond that, we have a passion for developing the whole child. We nurture their creative abilities, self-expression, confidence, and understanding of others through our work in the classroom.

Violin Shop

By Appointment Only

San Antonio, TX 78238

210-900-7609

info@texasviolinshop.com

<https://www.texasviolinshop.com>

Terra Nova Violins

6983 Blanco Rd.

San Antonio, TX 78216

210-349-4700

<https://www.terranovalviolins.com>

Music & Arts

7325 San Pedro Ave, Ste. 106

San Antonio, TX 78216

210-340-0953

<https://www.musicarts.com>