



Athletic Handbook

2020-2021

St. Luke's Episcopal School

TIGER Athletics

Fall Sports: Cancelled due to Covid

Cross Country

Soccer

Volleyball

Winter Sports:

Basketball

Swim Team-cancelled due to Covid

Spring Sports:

Golf

Tennis

Track and Field

Athletic Supervisor: Christopher Duke

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Athletic Director: Candace Tolentino

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Physical Education Coordinator: Ed Burton

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St Luke's Episcopal School (SLES) is an official member of the Independent School Athletic League (ISAL).

INTRODUCTION

The information in this handbook is intended to provide a description of our athletic program, including its goals, virtues, and expectations.

PURPOSE

St. Luke's Episcopal School (SLES) athletics foster the development of young athletes while recognizing the student's primary obligations to academics and citizenship in the community.

PHILOSOPHY

SLES is committed to creating a culture in which athletes, coaches, parents and fans work together to achieve our mission. We strive to provide a balanced program while teaching discipline, respect, and sportsmanship. All athletes are challenged to represent St. Luke's principles of scholarship, leadership, and citizenship.

GOAL

The goal of athletic participation is to create a positive experience for all athletes. Our program is designed to build a solid foundation of technique in a variety of sports, self confidence, and positive moral character.

Student-athletes work with teachers and coaches to develop the skills necessary to manage a variety of academic, community, and athletic commitments.

GENERAL INFORMATION

SLES athletics are open to all students in grades 5th through 8th grade.

A fee of \$150 per sport will be assessed at the beginning of each season. Fees cover the cost of uniforms, equipment, coach stipends, facility rentals, league fees, and referee fees.

SLES provides each athlete with a game uniform. It is the student's responsibility to keep the uniform clean and in good condition. All uniforms will be returned upon completion of each season. Payment will be required for lost or ruined uniforms.

Transportation to games is sport specific and will be communicated to participating families in a timely manner. A working schedule of practice times and games will be provided at the beginning of each season. All events are subject to change due to weather or other conflicts. If changes are necessary, parents will be notified by RenWeb Parent Alert or email notification. Changes will also be posted to the SLES website calendar. Outside commitments that conflict with athletic schedules should be discussed with the specific sport's coach or athletic director prior to the athlete's commitment.

COMMUNICATION

Players must communicate via email with the coach prior to missing any practice or games for any reason. If this does not occur, it will be considered an unexcused absence which will result in decreased playing or competing time.

PARENT VOLUNTEERS

We will need parent volunteers for the various athletic seasons and a team parent for each team to help organize snacks, rides and the end of season party. We will provide sign ups and help with communication.

PARTICIPATION

Sports physicals, registration and fees must be completed before an athlete is eligible to participate. All uniforms must be returned before the student will receive the next season's uniform.

NO-CUT POLICY

1. The Athletic Director and Athletic Supervisor will meet to discuss any/all roster cuts prior to that information being shared with students and their parents.
2. Generally speaking, coaches will strive to keep everyone on a team whenever possible. This practice will of course be impacted by available facilities personnel and practice efficiency limitations.
3. Because roster spots are not guaranteed, coaches will continually communicate “status” to their student athletes in an effort to minimize confusion and avoid potential issues.

QUITTING POLICY

1. There will not be any penalty for students trying a sport and quitting during the initial grace period. The grace period covers all the practices through the first competition.
2. We strongly recommend any athlete who feels it necessary to quit a team to discuss their feelings with the head coach prior to quitting.
3. Any athlete quitting a sport after the grace period shall not be allowed to participate in the next sports season. This policy may be appealed to the athletic director and athletic supervisor based upon extenuating circumstances.
4. In the event that the athlete decides to quit, they must turn in all issued equipment and uniforms immediately to the athletic director.

SCHOOL VS CLUB SPORTS

1. We highly encourage athletes to participate in club sports. However, we ask that they also participate and represent the school athletic team in that sport as well.

2. Priority is given to the school-related team competitions, but consideration will be given to the athlete's club schedule.

TEAM SELECTION AND PLAYING TIME GUIDELINES

1. Fifth through eighth graders may be placed at their highest skill level, inclusive of participating on an eighth grade team.

2. Eighth graders may not play on a seventh grade team--if they need to be placed at a lower level, it must be on an eighth grade B team.

3. If there are not enough players for an eighth grade B team, then all eighth grade students will participate on the one eighth grade A team. Coaches may still place fifth-seventh graders on that team.

4. The Athletic Director and Athletic Supervisor will be consulted before the following:

- a. Any fifth-seventh grade student is moved to an eighth grade team
- b. A decision is made about carrying extra players on an eighth grade team.

5. All players will participate in each competition, however, in order to put forth the most competitive team, playing/competition time will not be equal. Playing time is also determined by factors such as attitude, commitment and work ethic.

ACADEMIC REQUIREMENTS

SLES fosters an environment that supports academic excellence.

Athletes must remain in good academic standing to participate fully in athletics.

An athlete is in good standing as long as they maintain above an average of 70% or higher. Academic reviews are reported to the Athletic Supervisor on the 3rd, 6th and 9th weeks of each quarter. If an athlete's average falls below a 70%, additional support will be available for the athlete's academic support and development. Practices and/or games may be suspended until the student is in good academic standing. If an athlete becomes ineligible for academic reasons, the athlete can be fully reinstated to the team following a recommendation from the Assistant Head of School/Athletic Supervisor.

The administration of SLES may amend the Athletic Handbook for appropriate cause. Parents and students will be notified in writing in the event significant changes are made.

By signing below, we confirm that we have received, reviewed, and comply with all expectations of the SLES Athletic Handbook. In doing so, we give our child permission to participate in SLES Athletics during the 2020-2021 school year.

Student name: _____

Student signature: _____

Parent signature: _____

Date: _____