

Overview

In School PE Dance Program

(Please read online dance syllabi for a more detailed explanation of dance styles)

The St. Luke's In School PE Dance Program is structured to enhance a student's current after school dance training or to serve as an introductory dance course.

The fifth and sixth grade dance students attend PE dance class three times per week and study Classical Ballet, Tap and Jazz. They learn dance style terminology, dance style history, and gain a greater understanding and appreciation of each dance style's required technique. This versatile exposure to dance offers a dancer the opportunity to develop an interest in continuing one, two or all three dance styles.

The seventh and eighth grade dance students attend PE dance class twice a week and focus on Classical Ballet and, if they are physically and mentally ready, the class includes pointe work. These students have creative input in costume and music choices for their choreography. They learn the French terminology for Classical Ballet and Ballet history.

While dance education is the primary focus and students receive a PE Dance grade, the In School PE Dance students do participate in the year end dance performance.