

How to Make a Classical Ballerina Bun

1. If hair is of many lengths, has bangs, or is very fine and slippery, moisten the hair well. It is wet enough when comb marks stay after combing. Comb in hair gel thoroughly. The crucial part is to comb it from the roots to the ends completely and evenly. Use a generous amount of gel. The objective is to glue bangs and layered hair into place once the gel is dry. Use gel that dries clear and not with white flakes!
2. Smooth hair into a ponytail at the fullest point of the crown of the head. Use a sturdy, covered elastic band. A loose band will slip down during movement of the head. Uncovered elastic band will rip the hair.
3. Twist the hair tightly into a rope shape.
4. Coil the hair around the elastic band in the same direction the “rope” is twisted into a bun.
5. Holding the bun in shape, cover the bun with the hair net so that the elastic pulls underneath. Wrap the extra net around and underneath the bun.
6. Allow the covered bun to slightly relax so that the bun lies flat against the head. If it looks like a doorknob, it is coiled too tightly. Just unwind the bun slightly (just a quarter of a turn) and smooth the bun to the crown.
7. Pin the bun in place securely. A few larger bobby pins or traditional hair pins will do the work that twenty or so smaller pins will never do and are less likely of coming out during rigorous movement.
8. If necessary, spray with hairspray and smooth down the “fuzzies” before the spray has dried completely.