

**YEAR OVERVIEW
PK 3 and 4 Yrs. old –
Kinder Ballet**

CONCEPTS

Teach children to follow directions and to respect the teacher’s authority

Encourage children to learn how to dress in dance attire and shoes in a timely manner

Teach students the proper care of dance attire

Teach children to behave in a quiet and attentive manner during dance class

Practice politeness and consideration for others –classroom etiquette

Work to instill the joy of music, movement and dance

Teach leadership skills and goal setting skills

SKILLS

**Include but are not limited to the following:
Sitting and standing properly**

Pointing and flexing feet

Basic arm positions and movements

Spring pointes and spring heels

Ballet walks and Releve walks

Marching and skipping

Jumping and polka steps

Retires with tendus

Bounces with plies

Side step and point the toe

Movement to different tempos

Jumps on one foot

Clapping rhythms

ASSESSMENT

Children will be assessed on the following:

The ability to follow instructions and the ability to execute steps and dance combinations

Attention span during classes

Manners/attitude and displaying consideration for others while learning leadership skills

Performance quality/stage presence