

**YEAR OVERVIEW  
INTRO – BALLET  
GRADES 1 AND 2**

**CONCEPTS**

**To teach respect for the teacher’s authority and respect for classmates**

**To assist the student in learning how to work productively and cooperatively in a group environment**

**To teach the development of listening skills and how to move to different musical tempos**

**To spark an interest in dance training and the joy of movement**

**To teach self confidence by being encouraging and by being a positive role model**

**To teach and encourage consideration for others**

**SKILLS**

**Students will learn: basic ballet terminology –arm positions/movements – feet positions**

**Emphasis on correct body alignment During all ballet barre exercises and au milieu (center floor work)**

**Steps covered include but are not limited to: Bourrees – retire – chasse – spring pointes-spring heels – sautés – gallop steps – first arabesque –releve –releve walks –ballet walks – marching - skips – runs on releve – reference (bow)**

**Theater, classroom and stage etiquette will be integrated into every ballet class**

**Steps will be arranged into choreography for the Spring Performance**

**ASSESSMENT**

**Children will learn and move at different paces. It is important to praise what each child is capable of achieving.**

**Assessment will be based on the following:**

**Individual ability to mentally understand and physically execute step combinations**

**Students’ ability to listen and follow directions**

**Students’ ability to memorize dance patterns**

**Students’ ability to work within a group and show consideration for others**

**Leadership skills in dance class**

**Performance quality and classroom / stage etiquette**

